

Margie R. Recalde, OD, FAAO

Business Address
Lifetime Optometric
1111 East Herndon Avenue, #101
Fresno, CA 93720
(559) 432-2200
Fax: (559) 432-2203
mrecalde@ltoptometric.com

Curriculum

Vitae



Biography

Dr. Margie Recalde was born and raised in Madera, California. She attended California State University, Fresno and earned her Bachelor of Science degree and Doctor of Optometry degree at the University of California, Berkeley, where she graduated with honors. She also completed a post-doctorate ocular disease residency at the Veteran's Affairs Medical Center, Fresno. After completing her residency, Dr. Recalde was hired to work full-time as the staff optometrist and was later promoted to Residency Program Coordinator at VAMC, Fresno. She also served as a clinical instructor for senior year optometry externs rotating through several schools of optometry across the country. Dr. Recalde provides primary eye care to patients at Lifetime Optometric including eye examinations, contact lenses and the treatment and management of ocular disease including glaucoma, diabetes, and macular degeneration. She is also a dry eye specialist and has spoken on the topic across the country. She is an active member of the American Optometric Association, California Optometric Association, and the Central California Optometric Society. She also is a Fellow of the American Academy of Optometry. Away from the office, Dr. Recalde cherishes her time with her husband and twin sons. She also enjoys traveling, camping, and reading.

Work Experience

Lifetime Optometric, Fresno, CA (June 1, 2017 – Present)

Purchased a well-established and successful optometric office from Michael K. Hayashi, OD, FAAO. Lifetime Optometric received Vision Source "2017 Practice of the Year" in Central California. The office provides comprehensive eye exams, contact lens exams, myopia control treatment, evaluation and management of ocular diseases (eg. glaucoma, diabetic retinopathy, cataracts, and macular degeneration), special lens coatings for blue light protection from digital devices, specialty contact lenses for keratoconus, and a dry eye specialty clinic with advanced treatment options (eg.

Lipiflow). Lifetime Optometric offers a diverse and unique selection of frames that fits everyone's style and budget. The office strives to provide excellent customer service and comprehensive eye care services in a private practice setting with a personal approach to each patient.

Eye-Q Vision Care, Fresno, CA (2003 – Present)

1) Staff Optometrist: 2003 – Present

Worked independently to provide primary comprehensive exams, contact lenses exams including specialty fits, pediatric exams, and management of ocular disease including glaucoma, macular degeneration, and diabetic retinopathy.

2) Dry Eye Specialist: 2005 – Present

Established a Dry Eye Specialty at EYE-Q Vision Care. Emphasis on management and treatment of Dry Eye Disease; manage and treat referrals for Dry Eye Disease from Eye-Q Vision Care (both optometry and ophthalmology referrals), local optometry referrals, and primary care physician referrals; lecture and author articles to advance the field of optometry.

3) Chief of Optometry: 2013-2015

Responsible for providing clinical expertise for the management of the Optometry Department and Optical service; maximize effectiveness, efficiency, and quality of Optometric and Optical care; assisting in the development and management of the Optometric referral program working at the direction of the Eye-Q Board and in concert with other Eye-Q staff members. Other administrative duties include organizing continuing education courses for referring ODs; coordinating and conducting meetings with representatives from optical, contact lens, ophthalmic equipment, and pharmaceutical companies; managing coverage and time off requests from staff optometrists; created the urgent care protocol and management of the urgent care clinic for the optometry department; assess and provide protocols for new equipment and point-of-care testing for the optometry department; manage and maintain communication between Eye-Q Vision Care's Board of Directors, Chief Executive Officer, Optometry Department, Ophthalmology Department, Scheduling Department, and Front Desk Department. Created chart audit protocol for the optometry department. Conduct optometry provider meetings to review and assess policies, procedures and generated reports on optometry department's production.

David R. Urien, OD, Private Practice in Fresno, CA (10/1/2008-12/31/2008)

Part-Time Staff Optometrist:

Worked as Staff Optometrist in a private practice setting to provide comprehensive primary care exams and contact lens exams in Fresno and Kerman. Also provided co-managed care for post-op cataract surgery patients.

Fresno Veterans Medical Center, Fresno, CA (2001-2003)

1) Program Coordinator of the Optometry Residency Program: Provided clinical and didactic teaching of post-graduate optometry residents. Coordinated a weekly lecture schedule for the optometry resident and student externs.

2) Chief Optometrist: Trained fourth year optometry externs from Southern California College of Optometry, UC Berkeley School of Optometry, Pacific University School of Optometry, and New England College of Optometry. Directed the purchase of clinical equipment and managed the renovations for the expansion of the optometry clinic. Managing eye clinic consults and urgent eye referrals from multiple departments including the ER Department at the VA Hospital. Participated in a nation wide diabetic research study.

3) Optometry Consultant: Provided primary care eye examinations for veteran patients on Sundays and on Monday evenings to help relieve the backlog of patients for the Optometry Clinic.

Education & Training

2012	Glaucoma Certification
2007	Dilation & Irrigation Certification
2001	<u>Residency</u> : Fresno Veteran's Medical Center, Fresno, CA. Mentor: Gerald G. Melore, O.D. Provided primary eye care in a hospital based setting with emphasis on posterior segment disease. Managed urgent consults for eye emergencies including acute anterior segment disease and injury. Trained in minor surgical procedures including subcutaneous and subconjunctival injections. Performed skin tag removals, punctual cautery, and thermocauterization for ectropion repair. Provided academic and clinical training of fourth year optometry interns. Presented lectures for the eye clinic conference on a monthly basis. Rotated at Dr. Kevin Kummerfeld's private ophthalmology practice in Fresno to gain experience in the evaluation and management of advanced and complex ocular disease.
2000	Doctor of Optometry, University of California, Berkeley. Graduated with Honors
1998	Bachelor of Science in Optometry, University of California, Berkeley
1992 -1996	California State University, Fresno. Major: Biology

Lectures & Conferences

- COPE Lectures
 1. COPE ID: 51323-AS
1st Annual Intrepid Symposium Updates on Ocular Surface, Glaucoma and Cataract Co-Management (Co-Instructor)
 2. COPE ID: 52681-PM
Intrepid Talks - Mode of Practice Options for Optometrists (Co-Instructor)
 3. COPE ID: 52468-PD
The Oh Crap Moment: When Ocular Emergencies Happen (Co-Instructor)
 4. COPE ID: Pending
Science Fiction or Reality: A futuristic therapeutic delivery and disease revolution. (Co-Instructor)
 5. COPE ID: 52480-AS
Surface Sickness Smorgsbord: A Medley of Anterior Segment Disease (Co-Instructor)
 6. COPE ID: 52424-GO
Urgent Care: The Good, the Bad, the Ugly
 7. COPE ID: 52590-AS
Controlling Dry Eye Disease Triggers
 8. COPE ID: 52425-AS
Creepy Crawlies Oh My!
 9. COPE ID: 52342-SD
Crying Without Tears: Sjogrens Syndrome
 10. COPE ID: 50789-GO
Unusual Urgent Care Cases
 11. COPE ID: 52400-AS
Love & Hate Dry Eyes

- EyeCon Texas November 6, 2016
 1. Unusual Urgent Care Cases
 2. Surface Sickness Smorgasboard: Co-presenter with Melissa Barnett, OD

- Millenial Eye Conference October 28, 2016
 - Course Title: 1St Annual Intrepid Symposium Updates on Ocular Surface, Glaucoma and Cataract Co-Management (Co-Instructor)

- Mountain West Council of Optometry, Las Vegas April 24-25, 2014
 1. Surface Sickness Smorgasboard: Co-presenter with Melissa Barnett, OD
 2. Demodex: How to Win the Battle Over the Mighty Mites
 3. Rheumatology and Optometry Working Together to Detect Sjogren's Syndrome
 4. Optometry Urgent Care: How to Establish an Urgent Care Protocol for your Practice

Research

- Allergan Conjunctival Hyperemia Photograph Ranking Investigator, November 2014.
- Bausch & Lomb Purevision 2 Contact Lens Study, August 2010
- “Glycemic Control and Complications in Diabetes Mellitus Type 2” Fresno VA Medical Center Research Project VA CSP#465, 2001 – 2003.

Editorial Board

Advanced Ocular Care, January 2013 – Present

Publications

- Recalde, M. *Cosmetic Contact Lens Options: Beyond the Obvious*. Cataract & Refractive Surgery Today. Oct 2016.
- Recalde, M. *Diagnosing Sjogren’s Syndrome Can Aid in Alleviating Dry Eye Symptoms*. Advanced Ocular Care, November/December 2014.
- Recalde M. *Four OSD Myths*. Optometric Management. July 2014.
- Fortenberry S, Jasper A, Recalde M. *Energy Management: Bringing Your Best Self to Every Role You Play*. Advanced Ocular Care, Insert, July/August 2014.
- Recalde M. *Selecting Lens Modalities Based on Patients’ Lifestyles: One Size Does Not Fit All*. Advanced Ocular Care, Jan/Feb 2014.
- Recalde M. *The Itch Niche*. Optometric Management, March 2013.
- Barnett M, Miller JR, Recalde MR, Wan K, Whittam D. *Experts Weigh in on How to Ensure Success With Contact Lenses*. Advanced Ocular Care, February 2013.

Advisory Boards

- Biotissue Advisory Board October 2016
- Shire Advisory Board 2016 - Present
- EyeMed Quality Assurance Committee and Chart Auditor: 2013 to present
- Allergan Advisory Board: 2011 to present
- Alcon Optometric Dry Eye Advisory Board Meeting, American Academy of Optometry Meeting in Boston, October 2011
- Bausch & Lomb Advisory Board Meeting, American Academy of Optometry Meeting in San Francisco, November 2010

Pharmaceutical Speaker Bureaus

- Vistakon March 2018 – Present
 - Promotional Speaker for Acuvue contact lenses
- Shire: August 2016 – Present
 - Promotional Speaker for Xiidra
- Bausch & Lomb/Valeant: May 2014 – Present
 - Promotional Speaker for Besivance, Lotemax, and Prolensa
- Allergan: January 2010-present
 - Promotional Speaker for Lastacraft and Restasis

- Inspire Pharmaceuticals: 2009-2011
 - Promotional Speaker for Azasite

Honors/Awards

- Fellow of the American Academy of Optometry, 2014
- Certificate of Excellence by MES Vision for Excellent Vision Care Services in 2005, 2006, 2012
- Employee of the Month, Fresno Veterans Affairs Medical Center, July 2002
- “America’s Top Optometrists” for 2002-2003, Consumer’s Research Council of America

Licensure

- California State License #11436
- Tennessee License #2298 (inactive)
- DEA License #MR0956500

Academic Positions

- Served as a mentor for high school students participating in the UCSF Fresno Latino Center Medical Education and Research (LaCMER) Summer Clinical Internship Program, 2010
- Adjunct Clinical Faculty Professor, Southern California College of Optometry 2001-2003
- Adjunct Clinical Faculty Professor, University of California, Berkeley, 2001 - 2003
- Adjunct Clinical Faculty Professor, Pacific University College of Optometry, 2001-2003
- Adjunct Clinical Faculty Professor, New England College of Optometry 2001 - 2003

Professional Society Memberships

- Intrepid Optometric Society: 2015 – present
 - Secretary: 2015 – present
 - The Intrepid Optometric Society is a diverse group of emerging thought leaders with a goal of promoting excellence and growth in our field. Our initiatives include advancement of optometry through innovative thought sharing on topics related to future medical therapeutics, diagnostics, practice development, research and development, and collaborative care with ophthalmology.
- Central California Optometric Society: 2000 – present
 - Education Chair 2018 - Present
 - President: 2016-2018
 - Created first website for society and facebook page to foster awareness and growth online; restarted Society’s Newsletter to increase communication among members; recruited new and established sponsors to provide continuing education events for members.

- President-Elect: 2013-2015
- Secretary: December 2012–2014
- Fresno Women of Optometry (coordinator and founder): 2010-present
- American Optometric Association: 2000 - present
- California Optometric Association: 2000 – present
 - Communication Committee 2017
 - Nominating Committee 2017-Present

Public Service

- Fresno Diabetes Clinic November 11, 2018 with California Optometric Association
- Fresno Healthy Fresno Vision Exam Services – October 21, 2017
- Fresno Veterans “Stand Down” Event Vision Screening- September 21, 2016
- Medical Mission Trip (Medical, Dental and Vision Clinics) in Cambodia with Fresno Adventist Academy, March 2016
- Medical Mission Trip (Medical, Dental and Vision Clinics) in Peru with Fresno Adventist Academy, March 2014
- Vision Screening at Poverello House “Stand Down” Event with Fresno Veterans Affairs Medical Center in Fresno, California, 2000
- Vision Screening at Indian Health Reservation with UC Berkeley School of Optometry in Santa Rosa, California, 1999
- Vision Screening at Indian Health Service with UC Berkeley School of Optometry in Lake County, California, 1999
- Save Your Vision Week with UC Berkeley School of Optometry, 1998
- Health Screening with Medical Missionaries with Central Valley Seventh-Day Adventist Church in Mexico, 1995

Leisure Activities

Enjoy hiking, camping, playing piano, and spending time with husband & twin boys

References available upon request