

Bitita Asghari, OD, FAAO

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Education

Doctor of Optometry 8/2012 – 5/2016

Summa Cum Laude

Southern California College of Optometry (SCCO)
Fullerton, CA

Bachelor of Science 8/2006 – 5/2011

Cum Laude

Environmental and Occupational Health
California State University Northridge (CSUN)
Northridge, CA

Postgraduate Fellowships

- 11/2018 - Current Fellow of the American Academy of Optometry (FAAO) · AAO Conference · San Antonio, TX
- 08/2017 - 10/2017 PROSE Clinical Fellowship · BostonSight · Needham, MA
- 07/2016 - 06/2017 Residency in Cornea & Contact Lens and Ocular Disease, with emphasis in Binocular Vision Disorders and Low Vision · The Ohio State University (OSU) Havener Eye Institute Department of Ophthalmology & Visual Science · Columbus, OH

Professional Experience

- 01/2021 - Current OD & Associate Director of Clinical Education · BostonSight · Needham, MA
- 08/2017 - Current Therapeutic Optometrist, PROSE Provider, Clinic Instructor · BostonSight · Needham, MA
- 08/2017 - Current BostonSight SCLERAL Fitting Consultant · BostonSight · Needham, MA
- 08/2019 - Current Quality Assurance Clinical Liaison · BostonSight · Needham, MA
- 09/2019 - Current Adjunct Clinical Faculty · New England College of Optometry (NECO)
- 08/2017 - Current Adjunct Clinical Faculty · Massachusetts College of Pharmacy and Health Sciences (MCPHS) University School of Optometry
- 02/2017 - 05/2017 Therapeutic Optometrist · Target Optical · Columbus, OH
- 02/2016 - 05/2016 Optometric Extern · Cedars Sinai Medical Group · Beverly Hills, CA
- 11/2015 - 02/2016 Optometric Extern · Eye Care Center at SCCO · Fullerton, CA
- 08/2015 - 11/2016 Optometric Extern · Tucson Veterans Affairs Hospital · Tucson, AZ
- 05/2015 - 08/2015 Optometric Extern · University Eye Center Los Angeles · Los Angeles, CA

Publications

- 03/2020 Article · Tales of Corneal Clarity: Managing Significant Limbal Stem Cell Deficiency · Modern Optometry
- 04/2019 Article · Allergy Management in Scleral Lens Wearers · Modern Optometry

Lectures

- 12/2020 BostonSight SCLERAL- The First and Only Evidence-Based lens Design · Indian Optometric Association (IOA) 3D Conference 2020

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- 11/2020 The Wonderful World of Scleral Lenses: Indications for Irregular Corneas and Ocular Surface Disease · Maine Optometric Association (MOA) Virtual Conference
- 11/2020 “What About the Conj?” Redirecting the Focus in OSD management · MOA Virtual Conference
- 10/2020 Happy Conj, Happy Cornea: Redirecting the Focus in OSD Management · AAO Virtual Conference
- 08/2020 “Channeling” Scleral Lens Complications: Crash Course in the Use of SmartChannel Technology · Webinar
- 08/2020 It’s Not Rare if it is in Your Chair: The Albino Zebras of OSD · Everything Dry Eye Virtual Symposium
- 07/2020 Management Strategies for Severe Ocular Surface Disease: From Amnion to Scleral Lenses · Webinar · Intrepid Eye Society
- 04/2020 *Resolviendo Problemas Con Lenstes Esclerales* · Webinar · Spectrum International · Latin America
- 09/2019 Scleral Lenses for Irregular Corneas and OSD · FitAcademy seminar · Needham, MA
- 09/2019 Scleral Lens Troubleshooting · FitAcademy seminar · Needham, MA
- 09/2019 Everything You Wanted to Learn About Scleral Lens Troubleshooting! · Webinar
- 11/2018 The Missing Link in ABI: Can Scleral Lenses Help? · AAO Conference · San Antonio, TX
- 02/2018 Pain with Sclerals? Learn How a Data-Driven Lens Design with Built-in Scleral Shape Can Help · Vision By Design · Orlando, FL
- 06/2017 Management of Ocular Surface Disease in Progressive Supranuclear Palsy · The OSU College of Optometry · Columbus, OH
- 05/2017 Quality of Life Measures of Ocular Surface Disease Patients Treated with a Commercially Available Scleral Lens · The OSU Havener Eye Institute Department of Ophthalmology & Visual Science · Columbus, OH
- 03/2017 Scleral Lens for Management of Ocular Surface Disease in cGVHD · The OSU Havener Eye Institute Department of Ophthalmology & Visual Science · Columbus, OH
- 11/2016 Neuromyelitis Optica · Orange County Retina · Fullerton, CA
- 07/2015 Breaks, Splits and Detachments of the Retina · University Eye Center Los Angeles · Los Angeles, CA
- 06/2015 Solar Retinopathy · University Eye Center Los Angeles · Los Angeles, CA

Posters

- 06/2020 Co-Author: Treatment of Persistent Epithelial Defect in a Pediatric Patient with Vernal Keratoconjunctivitis · AOA Optometry’s Meeting · Virtual Presentation
- 06/2020 Co-Author: PROSE Treatment for Persistent Epithelial Defect of a Corneal Graft in GVHD · AOA Optometry’s Meeting · Virtual Presentation
- 06/2020 Co-Author: Prone to Prolapse · AOA Optometry’s Meeting · Virtual Presentation
- 01/2020 Co-Author: Use of Scleral Notch to Maximize Coverage of the Ocular Surface in Exposure Keratoconjunctivitis · Global Specialty Lens Symposium · Las Vegas, NV
- 09/2019 HOA Correction in PROSE Treatment · Biennial Cornea Conference at Harvard’s MEEI · Boston, MA
- 02/2017 Scleral Lens for Management of Ocular Surface Disease in cGVHD · Heart of America Eye Care Congress · Kansas City, MO
- 01/2017 Scleral Lens for Management of Ocular Surface Disease Following Penetrating Keratoplasty in a Patient with SJS · Global Specialty Lens Symposium · Las Vegas, NV
- 10/2017 Poster with Presentation: Never Too Late for the Oblate · East West Eye Conference · Cleveland, OH

Research

- 2019 - Current OSDI Outcomes with PROSE Treatment · BostonSight · Needham, MA
- 2018 - Current Scleral Lens as a Drug Delivery System · BostonSight · Needham, MA
- 2018 - Current Development of a Novel Scleral Lens Design · BostonSight · Needham, MA

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- 2017 - Current HOA Correction with Wavefront Customization in Scleral Lens Prosthetic Device · BostonSight · Needham, MA
- 07/2016 - 06/2017 Quality of Life Measures of Ocular Surface Disease Patients Treated with a Commercially Available Scleral Lens · The OSU Havener Eye Institute Department of Ophthalmology & Visual Science · Columbus, OH

Scholarly Activities

- 09/2020 Faculty/Lecturer · FitAcademy 2020 · BostonSight · Needham, Ma
- 08/2020 CLMA Ambassador · GPLI Virtual Cornea and CL Resident Symposium
- 09/2019 Faculty/Lecturer · FitAcademy 2019 · BostonSight · Needham, Ma
- 12/2018, 12/2019 Clinic Instructor · BostonSight SCLERAL Workshop · MCPHS University College of Optometry · Worcester, MA
- 04/2018 Preceptor · Gas Permeable Lens Institute (GPLI) Workshop · New England College of Optometry (NECO) · Boston, MA
- 08/2016 Attendee · GPLI Resident Program · Memphis, TN

Awards and Grants

- 2020 Photo Contest Winner, 2nd place · Global Specialty Lens Symposium · Las Vegas, NV
- 2018 Top Doctor · National Keratoconus Foundation (NKCF) · Needham, MA
- 2017 Poster Winner · Heart of America Eye Care Congress · Kansas City, MO
- 2017 Ocular Instruments Award of Excellence · Comprehensive Eye Care · SCCO · Fullerton, CA
- 2015 VSP/ AOF Practice Excellence Scholarship · American Optometric Foundation
- 2009 Recognition of Outstanding Leadership & Excellence · New Student Orientation Program · CSUN · Northridge, CA

Professional Memberships/ Leadership

- 2020 - Current Board Member · Diplomatic Academic Liaison · Intrepid Eye Society
- 2017 - 2020 Junior Member · NextGen, Intrepid Eye Society
- 2015 - Current Member · American Academy of Optometry
- 2012 - Current Member · American Optometric Association
- 2018 - Current Member · Scleral Lens Education Society
- 2013 - 2016 Member · Beta Sigma Kappa (BSK) International Honor Society
- 2013 - 2014 Co-president · Omega Delta Optometric Professional Fraternity
- 2012 - 2016 Student Volunteer Optometric Services to Humanity (SVOSH)

Languages

- Farsi Fluent · Conversational
- Spanish Familiar · Conversational

Active State Licenses

- 2017 – Current TPA Certified Optometrist · Massachusetts Board of Registration in Optometry